

Moorambilla Magic Module

Hannah's Warmup Modules

Artist: Hannah Fraser

Composers: William Byrd, Alice Chance

Introduction





Vocal warmup models 1 to 3 use fun exercises and set pieces to engage and connect with the voice and body. They each explore basic musical and vocal techniques such as dynamics, posture, breathing, support, structure and rhythm. Each module is a chance to focus the mind and enjoy the joy of music through voice.

The below outlines 3 x 20min (approx) magic modules designed for Moorambilla Voices 2020.

Module 1

- Welcome back. Today's lesson (*Background Soundtrack: Give me Heart by Susie Sue*)
- Introduction and explanation of Module layout and required materials including water bottles, music scores and a quiet place to concentrate
- Warm-up
 - Exercise 1: Stretching of the body to relax, centre the mind and align for singing
 - Exercise 2: Engages the body using vocal percussive sounds
- Set piece – Bim Bum Bidy, American Folk Song
 - Listening Exercise. Set piece performed twice through as a demonstration
 - Learn and rehearse melody & words only, broken down into 4 lines
 - Learn and rehearse body percussion with melody. Clap, Click and Should Tap
 - To finish: Sing through entire piece twice with body percussion
- Warm-down
 - Exercise 1: Stretching out the body once more and combining vocal sirens on a hum.
- Module 1 complete. Congratulations!

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Module 2

- Welcome back. Today's lesson
- Introduction explaining required materials including water bottles, music scores and a quiet place to concentrate.
- Warm-up
 - Exercise 1: Explanation of correct posture followed by shaking and stretching of the body to get centred and ready.
 - Exercise 2: Tongue Twister (My mother makes me mash my mini-M&M's on a Monday morning)
- Set piece – Non Nobis Domine –by William Byrd
 - Listening Exercise. Set piece performed as a demonstration
 - Learn to pronounce the Latin Text. Listen & Repeat
 - Learn and rehearse top melody line, broken down into small sections
 - Explanation and demonstration of a Canon
 - Explanation and demonstration of the lower melody
 - To finish: Sing through entire piece all together
- Warm-down
 - Exercise 1: Vocal Sirens from low to high and back down again bending knees as siren goes up
- Module 2 complete. Congratulations!

Module 3

- Welcome back. Today's lesson
- Warm-up (*Background Soundtrack: Knew you for a moment – Abby Quinn*)
 - Stretching of the body to get centred and ready
 - Exercise 1: Consonant Warm-up (Shark Bate Muhaha)
 - Exercise 2: Dubi Dubi Du (1,2,3,4,5,4,3,2,1)
 - Exercise 3: Lip trill Sirens. Explanation of using the body & breath to support the sound
- Set piece – Pallah Pallah – by Alice Chance
 - Learn and rehearse three distinct melody lines
 - Explanation and demonstration of a syncopated melody using the 'descending opal melody'
 - To finish: Sing through entire piece all together using the spliced video. Swap and change between the three melodies.
- Warm-down
 - Exercise 1: Bumble Bee. Demonstrate and teach Exploration of dynamics & vocabulary.
 - Exercise 2: Whip Whip – Demonstrate and teach. Focus on holding the 'W' sound.
- Module 3 complete. Congratulations!

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Module 4

- Welcome back. Today's lesson
- Introduction and explanation of required materials including water bottles, music scores and a quiet place to concentrate
- Warm-up (*Background Soundtrack: Meditation from Thais, Jules Massenet*)
 - Exercise 1: Stretching of the body to relax, centre the mind and align for singing
 - Exercise 2: Scale degrees and holding of specified numbers to create chords
- Set piece – Gawilla by Josephine Gibson
 - Learn and rehearse melody & words, broken down line by line
 - To finish: Singing along exercise. Set piece performed all the way through
- Warm-down
 - Exercise 1: 'u' vowel exercises. Scale degrees 1,5,1,5,1. (ascending)
- Module 4 complete. Congratulations!





Module 5

- Welcome back. Today's lesson
- Introduction and explanation of required materials including water bottles, music scores and a quiet place to concentrate
- Warm-up
 - Exercise 1: Stretching of the body to relax, centre the mind and align for singing
 - Exercise 2: Peter Piper Picked a Peck of Pickled Peppers (Tongue Twister)
- Set piece – Mirri Mirri by Alice Chance
 - Learn and rehearse melodies & words. Broken down into three main musical ideas
 - Kula Baranbinja Koamu Morowari, Yuwalaraay Gamilaraay Weyilwan
 - Winangali Winangakirri
 - By the Barwon at black rock, you'd better watch out for Mirri Mirri, watch out at Buluuy Garul, watch out he lies waiting for you there. Watch out for Mirri Mirri, watch out he's kicking up the sand, watch out he's angry. Stay away, stay away beware. Dhagun Warran

Warm-down

- Exercise 1: 'hmm' with tongue gently placed behind bottom teeth, re-sound 'hmm' on every note. Scale degrees 1,2,3,4,5,4,3,2,1. (ascending)
- Module 5 complete. Congratulations!

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Module 6

- Welcome back. Today's lesson
- Introduction and explanation of required materials including water bottles, music scores and a quiet place to concentrate
- Warm-up
 - Exercise 1: Sirens from low voice to high voice, using arm movements to replicate pitch movement.
 - Exercise 2: Tongue Twister.





Many mumbling mice are making midnight music in the moonlight. Mighty Nice

- Set piece – The Promised Sign by Josephine Gibson
- Pronunciation of Wiradjuri Text
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 - Learn and rehearse melody & words, broken down line by line
 - Sing the melody in a round, joining in with one of the 'Hannahs'.

Warm-down

- Exercise 1: 'Mi Me Ma Mo Mi Me Ma Mo Mu...' (sung on the same note) All vowels sang with the same lovely round mouth shape
- Exercise 2: Gentle humming sirens.
- Module 6 complete. Congratulations!

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